WHEELING TOWNSHIP

1616 North Arlington Heights Road Arlington Heights, IL 60004

WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD MEETING

PAULA ULREICH MEETING ROOM WEDNESDAY, JANUARY 8, 2025 7:00 PM

- I. CALL TO ORDER
- II. ROLL CALL
- III. PLEDGE OF ALLEGIANCE
- IV. APPROVAL OF MINUTES OF THE REGULAR MEETING NOVEMBER 13, 2024
- V. CITIZENS TO BE HEARD
- VI. BUSINESS
 - 1. Discussion One and Three Year Plan
 - 2. Discussion Site Visits in February
- VII. BOARD MEMBER COMMENTS
- VIII. ADJOURNMENT

NEXT REGULAR BOARD MEETING-WEDNESDAY, MARCH 12, 2025

WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD MINUTES OF NOVEMBER 13, 2024

CALL TO ORDER

The Community Mental Health Board Meeting of Wheeling Township, for November 13, 2024 was held in the Paula Ulreich Meeting Room, in the Township of Wheeling, 1616 North Arlington Heights Road, Arlington Heights, Illinois. President Susan Hayes called the meeting to order at 7:00 p.m.

ROLL CALL

Secretary Bill Dixon called the roll and the following members were present, Bill Dixon, Jeanne Hamilton, John Lubbe, JoAnne Schultz, Jack Vrett & Susan Hayes.

Absent: None

Also, in attendance: Wheeling Township Attorney Kenneth Florey, and Wheeling Township Director of Finance and Administration Regina Stapleton.

PLEDGE OF ALLEGIANCE

President Susan Hayes led those assembled in the Pledge of Allegiance.

APPROVAL OF MINUTES

MOTION #1: APPROVAL OF THE MINUTES OF THE WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD MEETING ON OCTOBER 23, 2024

Motion by JoAnne Schultz, seconded by Jeanne Hamilton to approve the October 23, 2024 Wheeling Township Community Mental Health Board Meeting minutes.

VOICE CALL VOTE: ALL AYES...

ABSTAINED...Jim Ruffato

NAYS: None....Motion #1 Carried.

CITIZENS TO BE HEARD

Lorrie Grainawi of Arlington Heights asked the Board to please consider adding more money to the budget to address barriers to community engagement.

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Linda Waycie of Mount Prospect stated that she would like the Board to reconsider the levy amount and raise the dollar amount to coincide with the Needs Assessment.

Tracy Shreva, a member of NAMI, thanked the Board for the needs assessment and stated that the proposed budget is conservative. She suggested the Board form a Mental Health Coalition and said more community outreach is needed.

Hugh Brady, a member of NAMI, stated that on election day, five 708 Board referendums were passed. He wants the Board to reconsider budgeting more money for substance abuse services.

Julie Ciccarelli stated she has a son at Clearbrook and volunteers there. She has observed that Clearbrook needs more staff and more resources.

BUSINESS

Approval of 2025 Meeting Dates.

MOTION # 2 APPROVAL OF 2025 MEETING DATES

Motion by Bill Dixon, seconded by Jack Vrett to approve the 2025 meeting dates.

VOICE CALL VOTE: All Ayes...
NAYES: None...Motion #2 carried.

Approval of 2025-26 Funding Recommendations.

MOTION #3 APPROVAL OF 2025-26 FUNDING RECOMMENDATIONS

Motion by Bill Dixon, seconded by Jack Vrett to approve 2025-26 Funding Recommendations.

VOICE CALL VOTE: All Ayes...
NAYES: None...Motion #3 carried.

Discussion One and Three Year Plans

President Susan Hayes submitted a draft for a One and Three plan. For the one year plan these are her suggestions:

- 1. Hire a Director of Mental Health Services.
- 2. Review contracting procedures with funded agencies.
- 3. Maintain/increase funding specific to existing Funded Agencies and new applicants when appropriate.

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- 4. Expand Transportation services.
- 5. Expand the information available on the 708 Board page of the Wheeling Township website.
- 6. Contract with cell phone translation service.
- 7. Site visit to evaluate and familiarize Board members with programs.

For the three year plan the suggestions are:

- 1. Hire a Clinical Social Worker and upgrade website.
- 2. Provide case management.
- 3. Encourage staffing in the community.
- 4. Community outreach.
- 5. Evaluate the effectiveness of existing programs.
- 6. Establish a respite program.

There was discussion regarding the proposed One year and Three Years Plans. It was agreed that revisions to the proposed plans would be considered at the January 8, 2025 meeting of the Wheeling Township Community Mental Health Board.

MOTION #4 ADJOURNMENT

Motion by Jim Ruffatto, seconded by Jeanne Hamilton.

VOICE CALL VOTE: All Ayes...
NAYES: None...Motion #4 carried

The meeting for Wednesday, November 13, 2024, was declared adjourned at 8:10 pm. The next scheduled Community Mental Health Board Meeting is set for Wednesday, January 8, 2025, at 7:00 pm.

WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD ONE AND THREE YEAR PLAN

Mission Statement

To ensure that services related to mental illness, developmental disabilities, and substance abuse are available and known to the residents of Wheeling Township.

In light of our mission statement, the recently completed assessment, and our ongoing commitment to maintain and improve the mental health of our community, focusing on those most in need: those with mental illness, intellectual and developmental disability and substance use disorder, we submit this 1 and 3 year plan for the Wheeling Township Community Mental Health Board.

Year One

- 1. Hire a Mental Health Board Manager.
- 2. Review contracting procedures with funded agencies to institute the use of Expenditure-Reimbursement Grants.
- 3. Maintain/increase funding specific to existing Funded Agencies and new applicants when appropriate.
- 4. Review Transportation service options.
- 5. Expand the information available on the 708 Board page of the Wheeling Township website.
- 6. Contract translation service in conjunction with the Township.
- 7. Site visit to evaluate and familiarize Board members with programs.
- 8. Mental Health Fair

Year Three

- 1. Referral Program Management and software
- 2. Encourage staffing in the community.
- 3. Community outreach.
- 4. Evaluate the effectiveness of existing programs.
- 5. Establish a respite program for care givers
- 7. Re evaluation of the Community